

STORYHOUSE

As a charity, Storyhouse relies on the support of individuals, companies, and charitable trusts and foundations to provide opportunities for the most disadvantaged young people across the city.

Charitable support also enables us to offer a wide range of free and accessible cultural activities across the year, for our local community.

To find out about how you can support Storyhouse visit storyhouse.com/support

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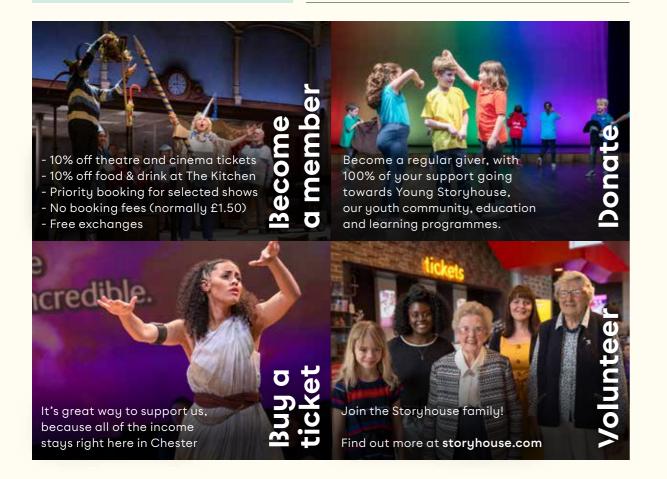




Film Programme Supported by







Welcome!

Storyhouse Elders explores and challenges the societal perceptions of age and ageing and the impact of creating and experiencing art in later life. At Storyhouse we believe everyone is an artist and it is never too late to try something new, return to a creative passion from the past and to experience and celebrate the work of older artists. As a society we have much to learn from the older members of our community and creativity is the perfect vehicle to share and connect.

Suzie Henderson, Creative Director

Storyhouse Elders is supported by The Granada Foundation

The Granada Foundation



About the Storyhouse **Elders Focus** Group

This is the first ever Storyhouse Elders focus group. A committed bunch of people aged 50-85 who are volunteering their time to make decisions, act as a sounding board, and go watch and listen to stuff that they would like to see appear on the programme at Storyhouse. This group of people who represent different groups and communities from across Chester will be meeting regularly over the next 12 months.



At a glance

	From Friday 7 October				
	Mrs Harris Goes to Paris		Cinema	Pre 5pm	£5.40 / £6
	From Monday 10 Octo	ber			
	Storyhouse Souvenir Shop		The Kitchen	All day	FREE
	Monday 10 October				
	Workshops in The Kitchen		The Kitchen	10.30am - 12noon & 1.30pm - 3pm	£2 / £2.20
	Tuesday 11 October				
	Seaside Memories on Screen		Cinema	11am - 12noon	FREE
	Live Jazz Performance		The Kitchen	1pm - 3pm	FREE
	Wednesday 12 Octobe	er			
	Childhood Stories Read Alo	ud	Storytelling Room	11am	FREE
	Thursday 13 October				
	West Side Story		Cinema	11am	£3 / £3.30
	Keep on Dancing		Garret Theatre	2pm	FREE
	Friday 14 October				
	Spice of Life		Garret Theatre	11am - 11.30am	FREE
	Workshop: Spice of Life		Garret Theatre	1pm - 2pm	£2 / £.2.20
	Monday 17 October				
	Tour of Storyhouse		Meet in the lobby	11.30am	FREE
	Live Music from The Gelatos	3	The Kitchen	2pm	FREE
	Silent Disco		The Kitchen	2pm	FREE
	Tuesday 18 October				
	Keep Me Out! Door Hanger	Workshop	The Kitchen	1pm - 3pm	FREE
	Stories and Drama with Story Youth Theatre	yhouse	Garret Theatre	4.30pm - 6pm	FREE
	Wednesday 19 October	er			
	Makers Market		The Kitchen	10.30am – 1pm	FREE
	Create Your Life Story		Garret Bar	11am - 12noon	FREE
	Singing Workshop		Garret Theatre	11am - 12noon	FREE
	Real Life Stories		Garret Theatre	1pm - 2pm	FREE
	Thursday 20 October				
	Intergenerational Classical	Music Event	The Kitchen	10.30am & 11.30am	FREE
	Cheshire and Warrington C		Cinema	11am	£6
	Dominoes and Dahlias (+Ov	ware!)	Garret Theatre	3pm	£7 / £7.75
	Friday 21 October				
	Multi-Sensory Storytelling		Storytelling Room	11am - 12noon	£2 / £.2.20
	Sport and Exercise - Try It C	Out!	Garret Theatre	1pm - 2pm	FREE
	Saturday 22 October				
	The City that was Ellie and	Joe	Garret Theatre	4pm	£3

How to book

Online: storyhouse.com

In person: Storyhouse, Hunter Street, Chester CH1 2AR

Over the phone: 01244 409113 #1 (£2.50 transaction fee if you book over the phone)

Visiting the building

Storyhouse is open from 8am – 11pm on Mondays to Saturdays and 9.30am to 11pm on Sundays.

Our address is Storyhouse, Hunter Street, CH1 2AR.

Travelling to Storyhouse

By Bus

There are lots of bus routes that journey into Chester city centre and Storyhouse is around six minutes walk from Chester Bus Interchange, providing easy access from destinations such as Liverpool, Ellesmere Port, and Wrexham. Service 200 Shopper Hopper is circular bus service from the interchange, stopping outside Storyhouse 9.30am - 4pm Mondays to Saturdays.

By Park & Ride

Chester's Park & Ride scheme offers two cross-city services to the city of Chester and the surrounding area. Tickets cost £2 (return) per adult and under 16s can travel free if accompanied by a paying adult.

By Rail

Chester Railway Station has direct routes to Cheshire, Wales, Manchester, London and Merseyside amongst others and is approximately a 20 minute walk from Storyhouse.

Bu Car

Storyhouse is on Hunter Street in Chester city centre, CH1 2AR (near to the Town Hall and Chester Cathedral). Much of the area surrounding the building is pedestrianised with narrow streets.

The nearest car park to Storyhouse is Market Car Park, CH1 2HS (8 disabled spaces, 200 metres from Storyhouse). There is free on street parking/car park for blue badge holders on Hamilton Place and Goss Street (4 hours max) – c.300 metres away.

You can also drop-off outside the building on Hunter Street -20 metres away.

Bu Bike

If you plan to cycle to Storyhouse, there are multiple cycle racks just outside the main entrance.

Access

Here at Storyhouse, we aim to make a space for everyone.

We are always thinking of ways in which we can improve your visit and welcome any feedback to help us do so.

If you require any help with booking tickets or can't find the information you need below, you can call our booking line on 01244 409 113 (option 1 and then option 3) or email ticketing@storyhouse.com

Entrance

We have two entrances to the Storyhouse building located on Hunter street.

Our main entrance has ramp access and automatic doors that open by pressing a button

Wheelchair Access

The whole building, including the library, theatre, cinema and Garret, is accessible via lift, with wheelchair access to all greas.

Accessible Toilets

There are accessible toilets are available on every floor, with a Changing Places toilet on the ground floor.

We also have gender neutral toilets available across multiple levels.

Assistance Dogs

Assistance Dogs welcome throughout the building and to all events

Hearing Assistance

A hearing loop or sound enhancement headset is available for performances and screenings in the building

Join our access register

If you require a carer or an essential companion – including a guide dog – to accompany you to Storyhouse events, then you should join our access register at **storyhouse.com**

From Friday 7 October



Silver Screening: for Storyhouse Elders

Mrs Harris Goes to Paris

Lesley Manville stars as Ada Harris a 1950s housekeeper and war widow who decides to spend her pension on a much-coveted Dior dress taking herself to Paris to do so and becoming unlikely friends with members of the House of Dior staff, despite the snooty behaviour of the haute couture designer

Cinema

All screenings pre 5pm £5.40 members £6 non-members

From Monday 10 October

Sensory Art Installation

Storyhouse Souvenir Shop

The great British seaside holiday came into its heyday in the post war years until the 1960s and Storyhouse Elders celebrates the wonderfully diverse childhood memories of trips to the coast.

Throughout the festival you'll find a seaside themed booth to transport participants to their favourite coastal town. Have a chat and recall fond memories of the seaside.

Plus! Pick up a postcard and write or draw a memory or create a stick of rock to be displayed in the Little Storyhouse Souvenir Shop.

The Kitchen FREE



Monday 10 October

Workshops in The Kitchen

Everyone is an artist, so come along - no experience needed.

All materials will be provided for all three workshops.



Mindful Pebble Paintina

A painting workshop with members of the library

Join Katie from the library team for a session of mindful pebble painting where you will create and execute designs for your stones using acrylic paint.



Create a **Bath Bomb**

A craft workshop with artist Estelle Woolley

Creating art isn't just about painting pictures. In this workshop join local artist Estelle Woolley where she will be teaching you how to make a seaside inspired bath bomb. Enjoy a sensory experience mixing ingredients such as sea salt and Epsom salts. Choose your favourite essential oil to add to your mix - perhaps something for relaxation such as lavender or chamomile, or something to uplift your mood, such as lime or orange. Add some extra luxury to your bath time with dried flowers such as rose petals. You will shape the mixture into fun seashell moulds to be reminded of the seaside.

Estelle is a Chester based artist and maker who uses natural materials to make her creations with. She studied Fine Art at The University of Chester and has 12 years experience of running art and craft workshops in the community.



Card Craft Workshop

A craft workshop with artist Clare Owens

A workshop inspired by the seaside and holidays. Design and make a set of greetings cards using materials found on the beach. Clare will support you to enjoy this slow paced, mindful making experience. The finished product can be used to send a letter to a friend or be used as a mini piece of art.

The Kitchen

10.30am - 12noon & 1.30pm - 3pm

£2 members £2.20 non-members

Please book as spaces are limited

If you would like to attend but the cost is a barrier please email nicola@storyhouse.com

Tuesday 11 October



Seaside Memories on Screen

A film premiere by Blacon based group Here and Now

Members of Blacon based social group *Here and Now* will be premiering their series of digital stories, inspired by their holidays and seaside memories.

Sit back and enjoy with a drink and maybe some popcorn!



Digital Buddies: Environmental Digital Stories

Digital Buddies meet at Storyhouse every Friday to learn and share digital skills. Regular members of the group have been researching current climate change matters and wanted to share their findings.

Cinema

11am - 12noon

FREE

Note these two events are back to back.



Live Jazz Performance

John Higham - trumpet and vocals

Malcolm Hogarth - keyboard

John Higham and Malcolm Hogarth have been busking in Chester for over a decade. The septuagenarian duo fills the city centre's streets with iconic sounds from the early jazz era.

Expect to hear songs by Louis Armstrong, Duke Ellington, Jerry Roll Morton and King Oliver.

The Kitchen 1pm - 3pm FREE

Wednesday 12 October



Childhood Stories Read Aloud

An intergenerational event for school children and older people

In this unique event we will be celebrating the simple but most incredible positive impact that intergenerational reading aloud has on both the reader and the listener.

This event has been inspired by charity Silver Stories, where children (known as Silver Readers) call a Silver Listener (older person) every week to read a short story or poem to. However, for this in-person event at Storyhouse we have decided to give adults a chance to read aloud too.

Come along to this event if you love to listen to a story...

Storytelling Room

FREE but please book as spaces are limited

Thursday 13 October



Storyhouse Elders: A Film Special West Side Story PG

The greatest love story ever told...in the most acclaimed musical of all time! Featuring an unforgettable score, exuberant choreography and powerful performances, *West Side Story* will forever resonate as a true cinematic masterpiece.

As voted for by the Storyhouse Elders Focus Group. This screening will be relaxed. Trailers will not be played and you can move around/leave if required.

Cinema

11am £3 members £3.30 non-members



Keep on Dancing!

Garret Theatre 2pm FREE Over 50s dance groups from across Cheshire will come together for the first time to share, devise and to dance!

Some members of the groups might be performing to an audience for the first time ever today. This event is for people who enjoy dance or want to see what it's all about with a view of joining a group yourself.

In partnership with Cheshire Dance.

Friday 14 October



Haylo Theatre Presents:

Spice of Life

A funny, thought-provoking piece of storytelling that challenges society's approach to old age.

It serves to give voice to the marginalised. This performative presentation will encourage conversation and engage audiences in a discussion about the importance of our older generation. Breaking down stereotypes and celebrating the individual, Haylo Theatre Company reframes the stories of older people into a performance that provides meaning and confirmation.

Haylo Theatre is a two-woman theatre company who use the arts to explore and engage with issues affecting communities. Their work serves to highlight key issues within areas of health and social care by generating conversations. They bring together students, professionals and the public to create a safe space for dialogue.

Garret Theatre

11am - 11.30am FREE

Workshop: Spice of Life

A workshop to produce and record a story, either personal or imaginary. This workshop is for anyone who loves to tell stories, meet new people and get creative.

Garret Theatre

1pm - 2pm £2 members £2.20 non-members Please book as spaces are limited If the cost is a barrier please email nicola@storyhouse.com

Monday 17 October



Tour of Storyhouse

Volunteers will be running a series of special tours of Storyhouse as part of Storyhouse Elders.

This event is for anyone who wants to see backstage of the award winning Storyhouse building, to learn more about the fascinating poems that adorn Storyhouse's spaces and discover more about how best to use the building and its facilities.

Meet in the lobby 11.30am FREE but please book as spaces are limited



Live Music from The Gelatos

Peter Riley - Bass/Vocals Siena Lloyd - Sax/Clarinet/Vocals Bex Hughes - Piano/Vocals

The Gelatos are a high energy all live, all singing jazz trio, playing popular songs from the 40s & 50s with an Italian twist.

Sit and listen or grab a partner and dance the afternoon away!

The Kitchen

2pm FREE



where people dance to music listened to on wireless headphones.

At Storyhouse Elders

tune into 80s rock ballads or 60s pop.

The Kitchen 2pm FREE





Keep Me Out! Door Hanger Workshop

Create a door hanger specifically designed to give a doctor, nurse or paramedic functional (not medical) information.

At this drop-in event there will be support on hand to help participants create a finished hanger, or take them away to finish at home.

The Kitchen 1pm - 3pm FREE

Highlight Event!

Stories and Drama with Storyhouse Youth Theatre

A pilot project with 5-7 year olds

You are invited to join Storyhouse's 5-7s youth theatre group. Please bring your favourite book from your childhood and a prop that represents you. You will be paired with one of our 5-7s who will also bring in a book and an object to share with you.

You will be guided in this session to share stories and create work together. This session is for you if you like storytelling and meeting/talking with primary aged children.

The workshop will be facilitated by the Storyhouse Youth Theatre leader Cassie John-Baptist and if it is successful they could be an opportunity to work with the group as part of a bigger, intergenerational theatre project.

Garret Theatre

4.30pm - 6pm

Free but please book as spaces are limited



Wednesday 19 October



Makers Market

A pop-up market selling hand-made items. Meet makers from schools, colleges and community groups who throughout the year are busy creating, making and designing special, one-off items. Expect to see greetings cards, trinkets, photo frames, marvellous crafts and more.

If you would like to sell your items at the Makers Market please get in touch with **nicola@storyhouse.com**.

A trestle table and chairs will be made available for each group.

The Kitchen 10.30am - 1pm FREE



Create Your Life Story

An introductory workshop to help participants get started in collating the key moments in their life onto a single piece of paper.

The session will furnish participants with the framework, approach, inspiration, and tools to write and design the content that they choose to share. Life Stories typically include words, drawings and photographs all acting as a snapshot of a life, that includes family, jobs, child and adulthood, love and hurt and getting older.

Cheshire Archives and Local Studies will bring along images, documents, maps and plans which can help provide inspiration and illustrations for your life story

Garret Bar

11am - 12noon

FREE



Singing Workshop

An opportunity to try out what it would feel like to be part of a choir. Storyhouse's Community Programme Manager George West (former Choir leader) will lead you through singing exercises which will help with breathing, posture and will certainly make you feel good. This workshop is suitable for people with dementia and people who don't think they can sing!

There will also be an opportunity to find out about choirs based in and around Chester which you can join.

Garret Theatre 11am – 12noon Free

Highlight Event!

Real Life Stories

A unique event to hear stories in conversation style with some remarkable older people living in Chester.

During 2022 Storyhouse Community Programme Manager Nicola Haigh visited some of Chester's residential care homes, day care centres and groups designed for older people. Nicola's mission was to hear real life stories from a generation whose stories are rarely celebrated.

At this event Storyhouse Elders gives the stage to our communities nigh-forgotten older heroes. Come and listen to some of the astonishing people who live in Chester.

Garret Theatre 1pm - 2pm FREE

Speakers include:



Ken Stacey age 85

During World War Two Ken attended St Johns school and later Walpole Grammar School in Ealing, London. At the age of 16 he moved onto Vindicatrix Sea Training School, in Gloucestershire before entering the Merchant Navy as a Deck Boy. Ken went on to become a Captain, in a career in the shipping and port industries spanned 52 years. His experiences are remarkable



Kate Rayner age 52

Founder and Chair of the Chester Chapter of Cycling Without Age

Kate will tell the story of how she discovered the initiative, fundraised for two trishaws (a small, light vehicle with three wheels for carrying people pedalled by the operator) and is now meeting people every week and giving them an immense amount of freedom, fresh air and good times.



Joy France age 65

Joy discovered her creativity and passion for performance poetry in her mid-50s and says "having learned to ignore the doubting voices in my head, I have now found my own voice and will never again be silenced."

When Joy dared to enter the brutal world of battle rap she had no idea that it would change her life forever, it was also how she met UK rapper Skully. Now, Joy and Skully are best friends and together work on many creative projects - a most unlikely and special friendship and creative partnership.

Spoken word, music, rap, storytelling but not like you have seen before.

Thursday 20 October



Baby Brahams Presents:

Intergenerational Classical Music Event

Wings of Song Mendelssohn The Swan McKay The Nightingale Henson-Conant

Musicians: Sian Meirion - Cello Helen Parri - Harp

Live classical music concerts from outstanding musicians in a relaxed, friendly setting featuring babies and their parents too. Sian and Helen's 30 minute concerts are suitable for everyone aged 0 – 100+.

The Kitchen

10.30am and 11.30am

FREE, please book as spaces are limited



Cheshire and Warrington Carers Cinema

A film chosen by carers who attend Cheshire and Warrington carers support group. Whether you are a carer or not you are invited to watch todays film!

Title confirmed September.

Cinema

11am

£6 (for both members and non members)



Highlight Event!

Dominoes and Dahlias (+()ware!)

a theatre performance by the Royal Exchange Theatre

Today we welcome our friends from the inspiring Elders programme at the Royal Exhange Theatre, Manchester to perform at Storyhouse for the first time. They believe (and we agree here at Storyhouse) that "Elders aren't just older they're wiser. In a good society, older people are respected for their experience, for their knowledge and for everything they can teach us."

Where can you meet a woman artist from 1922 Benin, a feisty Ghanian student nurse standing up to a blinkered matron in 1971, and a Jamaican lad going on holiday and suddenly finding himself facing a throng of brothers and sisters he never knew existed? Join the Dominoes and Oware tournament, with music, this is one garden party not to be missed! Dominoes and Dahlias [+ Oware!] has been created with older people from the African and African Caribbean diaspora led by artist Cheryl Martin with musician Clive Hunte.

This show will include Live Captions which means there will be subtitles running on a TV screen. This makes the show accessible for people who are Deaf, deaf or hard of hearing.

Garret Theatre

3pm £7 members £7.75 non-members If the cost is a barrier please email nicola@storyhouse.com

About The Royal Exchange Theatre Elders Programme:

The Elders is for older people in Greater Manchester who want to feel connected to new people and ideas, be creative and challenge the stereotypes of ageing.

The Royal Exchange Theatre Elders programme is funded by The Rayne Foundation.

"I am not the same person who joined The Elders on that very first day.

Nothing else I do in my activities or, indeed, have done in the past has brought my newfound confidence I am now experiencing. I want to shout from the rooftops, 'look out world, here I come.' And if I can do it, so can you."

Friday 21 October



Multi-Sensoru Storytelling

A special opportunity to try out something a bit different. This event is for anyone who loves telling and hearing stories using treasured objects that might belong to you or others. Spend time looking, touching, smelling, listening and maybe even tasting some of the objects. This event will be run by a Storyhouse creative practitioner that works with children and adults on a daily basis to inspire and discover their creativity. You do not need to be an actor or have any specialist skills to enjoy this workshop.

Storytelling Room

11am - 12noon £2 members £2.20 non-members

Please book as spaces are limited.

If the cost is a barrier please email nicola@storyhouse.com



Sport and Exercise -Try It Out!

A speed dating style event that is all about matching participants with a new sport, exercise or activity that will support their mental health and wellbeing.

Activities such as hula hooping, circus skills, seated exercise, mindfulness, walking and taking a ride of a trishaw will be available to try out on the day.

Community Health Champions from Cheshire West and Chester Council will also be on hand at this event to help with any questions you have about uour health.

Garret Theatre 1pm - 2pm **FREE**

Saturday 22 October



The City that was Ellie and Joe

A Theatre Performance by Parados

Psychological drama that propels audiences from the 1990s to a dystopian alternative reality. This play touches on the themes of mental health and death.

Angela Johnson (Writer and Founder of Parados) is in her early 70s and takes inspiration from the world beyond her home in Blacon. Angela began Parados to give writers, poets and songwriters the chance to work together and showcase their work on stage.

Garret Theatre

£3 (for both members and non members)



Regular FREE events at Storyhouse for the Storyhouse Elders community

Mondays

The Pick 'n' Mix Book Club

We are a friendly group of people who would welcome some new members. Titles are planned for the year ahead during the August meeting and include a mixed range of classic and modern fiction and biographies.

Please confirm your attendance with group leader, Wendy. Contact details on **storyhouse.com**

search for: The Pick 'n' Mix Book Club

Meeting Room Weekly 2pm - 4pm FREE

Captioned Films Cinema

Captioning is a service for hearing-impaired or deaf people. Storyhouse provide caption subtitled screenings of films when possible. These screenings have a transcription of the film's dialogue in English along the bottom of the screen and a description of the sound in the film is also included in these captions.

Note that caption subtitling has to be produced by the film distribution company and that unfortunately, not all films have this feature.

Caption Subtitled screenings are usually every Monday, for both the morning screening (usually around 11am) and the early evening screening (usually around 6pm).

For screenings before 5pm: Members £8.55 / £7.65 Non-members £9.50 / £8.50

Tuesdays

Silver Screenings discount at the Storyhouse cinema

Tuesday before 5pm for over 60s Members £5.40 Non Members £6

Family History Buddy

Drop in to the library for help with family history research. A Storyhouse volunteer can help you discover your family's past.

Library Weekly 10am - 12noon **FREE**

Wednesdays



Tea and Tattle

Join for an informal chat and the chance to meet other older LGBTQ+ people and make some new friends.

Silver Rainbows started in 2016 as a Brightlifesupported Body Positive project to tackle social isolation for older LGBTQ+ people in Cheshire West. The aim was to create a peer support network that would meet virtually and in person to share experiences and support one another.

Meeting Room

Monthly 2pm - 4pm Next meeting 19 Ocober FREE

Scrabble Club

Whether you're a beginner or a Scrabble pro, test out your wordplay skills with Storyhouse's Scrabble Club.

Scrabble Boards are available in The Kitchen ready for you to play at your leisure.

The Kitchen Weekly 10.30am FREE

Bereavement Help Point

The Bereavement Help Point is a volunteer-led peer support drop-in session, open to anyone who is bereaved or is supporting someone who is bereaved. The Bereavement Help Point is a safe and welcoming space where bereaved people can meet to support each other, as well as obtain information on bereavement and support.

A fantastic opportunity for the community to support each other, and for those grieving the loss of a loved one to be reassured they are not alone.

Meeting Room

Fortnightly 2pm - 4pm Next meeting 12 October

Thursdays

Silver Screenings discount at the Storyhouse cinema

Tuesday before 5pm for over 60s Members £5.40 Non-members £6

Chatter and Natter

Chatter & Natter is a weekly meet-up at Storyhouse to have a chat – a space for people to talk whether its for five minutes while you have a brew, or for an hour of good conversation. We're not trying to build friendships – just simple interactions to combat loneliness and to (maybe) have an impact on someone's day.

The Kitchen Weekly 2pm - 4pm FREE

Fridays

Digital Buddies

Digital Buddies is a digital support group run by Here and Now Chester, a Blacon-based social enterprise which is dedicated helping older people learn to use new technology and bringing them together in a friendly environment.

The Kitchen and Meeting Room Weekly 11am - 12.30pm FREE

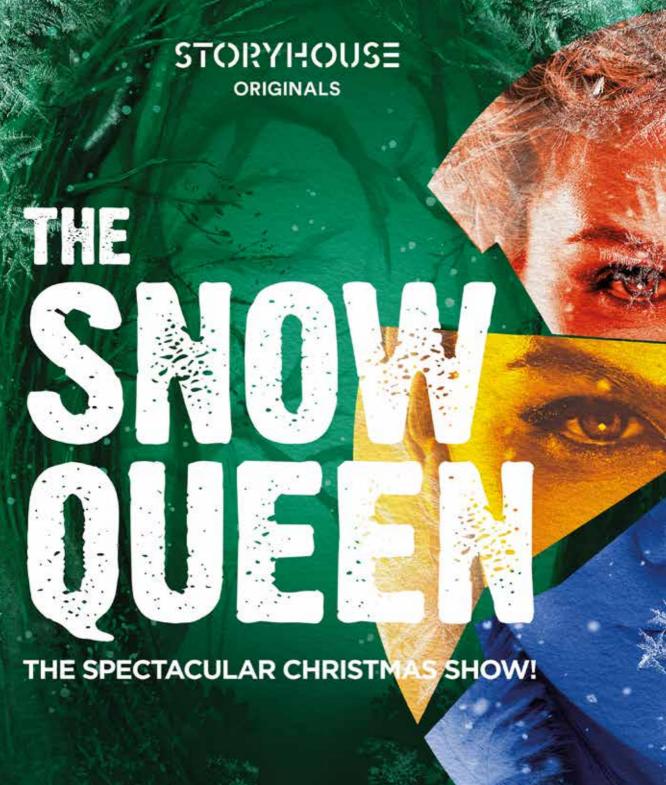
Shared Reading Group with The Reader

A shared reading group, bringing people together and stories and poems to life. Read a short story aloud, and talk about what we have read, how it made us feel, what it made us think about. The group read stories from every period of history, from every corner of the globe. There is usually time to fit in a poem, moving, sad, funny, difficult, uplifting poems, from every time and everywhere.

There's no pressure to talk or to read aloud, you can simply come along and listen.

Meeting Room

Weekly 2pm - 3.30pm FREE



9 DECEMBER - 15 JANUARY BOOK NOW AT STORYHOUSE.COM TICKETS FROM £18